

ABA-AFA-13-018

SEND cyber-bullying awareness and training

Cyberbullying is bullying via electronic means. This could be via a smart phone, computer, laptop, tablet or online gaming platform. It can take place on a range of online or mobile services, such as text, email, social networking sites, video-hosting sites, messenger, photo sharing services, chat, webcams, visual learning environments and online games.

Cyberbullying can be an extension of bullying behaviour that is already happening in school or the wider community – or it can be between people that rarely meet face to face – or have never met in person. Cyberbullying has some unique characteristics that make it particularly painful to experience – and present particular challenges to school staff dealing with incidents of cyberbullying.

Cyberbullying can take a wide range of forms. It can be threats and intimidation, name-calling, harassment, exclusion, ‘hacking’, impersonation, posting personal information, sexting/sexualised or manipulation.

Resources have been produced to help schools, parents and other institutions deal with the unique threat that cyber-bullying poses to learner well-being and achievement. **However, becoming good digital citizens, being able to use technology safely and responsibly, looking after yourself and your peers, and participating in life online, has to be a crucial part of modern education for all pupils.**

Cyberbullying and children and young people with SEN and disabilities: guidance for teachers and other professionals

SEN and disability: developing effective anti-bullying practice




SEE NEXT PAGE FOR RESOURCES



For more information on the programme, visit the [Anti-Bullying Alliance](#) information hub. These resources are hosted and developed by [Achievement for All](#)



ANTICIPATE		
ANTICIPATE- raise awareness and level of social skills		
QUICK WIN or MEDIUM / LONG TERM?	MT- medium term M/LTG	SOCIAL CONTEXT V- relating to the victim  
PHASE	ALL ALL	
WHAT YOUNG PEOPLE SAY	<p>“It takes what’s happening in school to a whole other level.”</p> <p>“You used to be able to go in to school, get your head down, and have different friends outside of school... You could separate it... Now you can’t.”</p> <p>“Bullying is far more wide spread now it is online – it’s not just your time in school. It affects your social life. Your social life is online. How many people like your status or your picture is important. Social pressures are just made worse.”</p>	
WHAT PARENTS SAY		
WHAT RESEARCHERS SAY	28% of 11–16 year olds reported that they have been targeted by some form of cyberbullying	
COST RESOURCE	Staff training and support implications	
RELATED STRATEGIES		

LINK TO RESOURCES

Cyberbullying and children and young people with SEN and disabilities

Resource written specially for the ABA Programme by Childnet

Anti-Bullying Week 2013 LESSON PLANS + KS2 KS3 or KS4 Lesson PPTS *Focus on Cyberbullying (KS3 lesson specific focus on Sexting)- “The Future is Ours”- SAFE, FUN, CONNECTED*

EXPOSED *a superb video resource produced by CEOPS (Child Exploitation and Online Protection Centre) aimed at 11-18 on sexting and cyber-bullying* **THINK YOU KNOW?** *CYP gateway website*

The Anti-Bullying Alliance home page for Cyber-Bullying

Achievement for All Special School Case Study



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