

ABA-AFA-13-028

Anti-Bullying Buddies - supervision outside lessons, a key individual to offer trust and support

A number of approaches can be used to help vulnerable young people feel supported at times of victimisation. Support from within the school community can come from peers who have been trained to be "anti-bullying buddies" (see also [Circle of Friends](#) resources), non-teaching staff trained and supported to observe and prevent behaviour that can lead to bullying and victimisation, and identified responsible adults who can act as mentors when a young person is in need.

One example of effective practice can be found at Ruskin Mill College College, Gloucs (a specialist 16-25 provision for YPs with learning difficulties, autistic spectrum, challenging behaviours); they have a "Feeling Safe" Officer.

LINK TO RESOURCES

[Group approaches to reducing SEND bullying](#)
[Anti-Bullying Alliance materials for Circle of Friends](#)

Here are some specially prepared resources from John Khan for Anti-Bullying Week 2015, to be used with pupils and staff

[What is Bullying Behaviour? PPT](#)
[Speaking Out About Bullying Behaviour PPT](#)
[Empathy, Belonging and Indirect bullying PPT](#)
[Bystander Behaviour PPT](#)
[Bystander Behaviour Class Activity PDF](#)

ANTICIPATE		
ANTICIPATE- active support		
QUICK WIN or MEDIUM / LONG TERM?	MT- medium term M/LTG	SOCIAL CONTEXT BC- relating to the child/YP who shows bullying behaviour and the community
PHASE	SEC SEC	CB 
WHAT YOUNG PEOPLE SAY	Welcome initiatives to support, develop and sustain friendships Welcomed a safe place to go	
WHAT PARENTS SAY	Use active support techniques circle of friends; a buddy system (peer mediators/peer mentors); safe zones, for when a child is distressed or need of support or time alone; communication cards or signals which a child can use in class to let a teacher know if they are upset, feeling stressed or in need of support or time out; supporting children in unstructured time (corridors, playgrounds)	
WHAT RESEARCHERS SAY	"Some schools fail to take responsibility for non-teaching parts of school day"	
COST RESOURCE	Staff training and support so that they are equipped to support the pupils; will only work in a developing whole-school approach to anti-bullying	
RELATED STRATEGIES		



For more information on the programme, visit the [Anti-Bullying Alliance](#) information hub. These resources are hosted and developed by [Achievement for All](#)



STRATEGIES TO REDUCE THE IMPACT AND INCIDENCE OF BULLYING ON VULNERABLE LEARNERS



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