

ABA-AFA-13-017

SEND Social Resilience training

The research, as well as the views of young people with SEND and their parents, is pretty emphatic on this point- more can be done to support learners with SEND with the skills of social interaction and to build their social resilience.

Certain SEND conditions (such as autism) need specific interventions, managed in distinctive ways, to impact on social skills. The resources here are designed by the East Sussex Anti-Bullying Team to work either with individual learners with SEND, or SEND groups.

LINK TO RESOURCES

Looking confident - individual support

Looking confident and assertive - group activity

Developing friendship skills

Friendship skills- group activity

Building Social Skills- further lesson ideas

Building Social Skills- simple assessment tool

ANTICIPATE

ANTICIPATE- raise awareness and level of social skills

QUICK WIN or
MEDIUM / LONG
TERM?

LT- long term

M/LTG

SOCIAL CONTEXT
V- relating to CYP who are being
bullied



PHASE

ALL

ALL

WHAT YOUNG
PEOPLE SAY

Look beyond an incident, enable young people to understand each other and work to develop a friendship or mutually agreed solutions;

WHAT PARENTS
SAY

Have a positive school-wide ethos towards all forms of disability running awareness sessions on different types of disabilities and the behaviours associated with them, and encouraging a better understanding of how and why different people behave in different ways; bringing in experts, role models, getting students to study famous people with disabilities.

WHAT
RESEARCHERS
SAY

"Where there are limited opportunities for friendship, there are reduced opportunities to learn social skills, and the risk of bullying increases"
"being seen as 'co-operative' is a protective factor, true even when SEND learners are also seen as being 'shy' and 'seeking help'"
"Active peer support/interventions in social context/empathy and understanding only work within a whole school culture of tolerance and fairness"

COST
RESOURCE

Staff training and support; time and space allocation for regular meetings

RELATED
STRATEGIES