

ABA-AFA-13-036

Awareness and Social Resilience training for siblings of learners with SEND

The siblings of learners with SEND are often ignored, but pressure can mount on them from less sympathetic or empathetic members of the school community.

These resources from East Sussex Anti-Bullying Team use the same approaches as with learners with SEND, but aim to help siblings become more empowered to deal with incidents, and prevent one-off moments develop into something more significant.

LINK TO RESOURCES

Working with siblings
Building Resilience with the Youth Voice Project (USA)

ANTICIPATE

ANTICIPATE- impact on family

QUICK WIN or MEDIUM / LONG TERM?

MT- medium term

M/LTG

SOCIAL CONTEXT
 C- relating to the whole school community

PHASE

PRIM/KS3

C



WHAT YOUNG PEOPLE SAY

WHAT PARENTS SAY

Offer help for the parents and siblings to cope with the effects of bullying behaviours could include better signposting to local and condition-specific support groups and links to parent/carer forums.

WHAT RESEARCHERS SAY

COST RESOURCE

Easy to implement resources to work with siblings

RELATED STRATEGIES



For more information on the programme, visit the [Anti-Bullying Alliance](#) information hub. These resources are hosted and developed by [Achievement for All](#)

