

Check-in with learner being bullied to ensure no reoffending

Another simple technique which, if built into anti-bullying procedures and related systems, is not difficult nor expensive to implement.

Policy and practice can be adapted for all young people to either report in to a member of staff for a set period after an incident, or to keep a well-being diary for a period of time.

COMMUNICATE		
COMMUNICATE- Develop good systems		
QUICK WIN or MEDIUM / LONG TERM?	QW- quick win QW	SOCIAL CONTEXT V- relating to CYP who are being bullied
PHASE	ALL ALL	V 
WHAT YOUNG PEOPLE SAY		
WHAT PARENTS SAY	This would help solve the distrust that sometimes is involved in these situations. It helps all those involved to feel that they are working towards a solution, even when this takes time. Developing good communication applies to all people involved, that is, between parents and school, between pupils, and between parents of the child suffering the bullying and those carrying out the bullying behaviours / acts.	
WHAT RESEARCHERS SAY		
COST RESOURCE	No cost implications, but may need slight change to policy and practice.	
RELATED STRATEGIES		

[LINK TO RESOURCES](#)
[Support after a bullying incident](#)