



Safer at School Survey

An Example Questionnaire

Acknowledgements

This resource has been written for this programme by John Khan, and is based on a questionnaire used across East Sussex.

John Khan is Lead Practitioner at Anti-Bullying Works and freelance consultant based in Brighton. John gained a national reputation for bringing together one of the largest local authority-led anti-bullying teams in the UK.

He has also worked as the South East Regional Coordinator for the Anti-Bullying Alliance and previously held senior research and development positions at Save the Children and the Council for Disabled Children.

Please use this resource as a stimulus for creating your own anti-bullying questionnaire.

Safer at School Survey

Instructions for completing the survey

Welcome to the Safer at School Survey. The survey asks a number of questions about:

- How you feel about your school
- How your school deals with bullying behaviour
- Your experiences of bullying over the last 12 months
- The types of bullying behaviour you encountered

When we talk about bullying we mean:

‘deliberate, hurtful behaviour, which is repeated over a period of time, where it is difficult for those being bullied to defend themselves’

Bullying can take many forms:

- Verbal e.g. being called names, nasty comments or making personal threats.
- Physical e.g. being hit, kicked, poked, punched, pushed, having belongings stolen or destroyed, or being forced to do unwanted things in front of others.
- Indirect e.g. excluding or ostracising someone from friendship group or activities, gossiping or spreading rumours.
- Cyber bullying e.g. sending threatening or intimidating comments via: email, text messages, or social networking sites e.g. Facebook.

First, tell us about yourself:

Q1 I am a

- Boy
- Girl

Q2 I am in year...

- 7
- 8
- 9
- 10
- 11

About your school

Q3 Do you feel safe at school?

- Yes
- Most of the time
- No

Q4 Do you feel that your school is a happy and caring school?

- Yes, usually
- Yes, sometimes
- No

Q5 Do you feel that students at your school look out for each other?

- Yes, most of the time
- Yes sometimes
- No

Q6 Do students know that they can seek help from staff members if they are bullied?

- Yes
- No
- Unsure

Q7 How well does your school deal with bullying behaviour

- Very well
- Quite well
- Not very well
- Badly
- Bullying is not a problem in our school
- Don't know

Q8 Has your school provided you with information about the different places to access support and support services in relation to bullying?

- Yes
- No
- Unsure

Q9 Our school has a clear policy that bullying will not be tolerated

- Yes
- No
- Unsure

Q10 Have you ever been involved in or asked about your school's Anti-Bullying Policy?

- Yes
- Not sure
- No

Q11 Does your school do anything to mark National Anti-Bullying Week?

- Yes
- Not sure
- No

Getting on with others

Q12 In your opinion, how well do young people from different ethnic, faith or cultural backgrounds mix or get on in East Sussex?

- Very well
- Quite well
- Not at all
- Don't know

Q13 Do you have friends from different ethnic, faith or cultural backgrounds?

- Yes
- No
- Don't know

Your experiences of bullying in school - tell us about any experiences you have of being bullied in the last 12 months

Q14 Have you been bullied in school in the last 12 months?

- | | |
|------------------------------------|---------------------------|
| <input type="checkbox"/> Go to Q20 | No (go to Q20) |
| <input type="checkbox"/> Go to Q15 | Yes, a little (go to Q15) |
| <input type="checkbox"/> Go to Q15 | Yes, a lot (go to Q15) |

Q15 What form/s did the bullying take? (you can tick more than one box)

- Physical
- Verbal
- Indirect (spreading rumours, excluding you)
- Cyberbullying

Q16 Do you think the bullying happened because of the following? (you can tick more than one box)

- A medical condition, disability or special educational needs you have
- Your race or ethnicity e.g. racist bullying
- Your religion
- Your appearance
- How I speak
- Being seen as different in some way

- Your body size
- Your sexual orientation e.g. homophobic bullying
- People are jealous of me
- Trans gender identity
- How I act or my personality
- Your home circumstances e.g. parents split up or divorced, you are in foster care or looked after
- Your gender e.g. sexist bullying
- Friendship problems
- Rumours or lies e.g. you were bullied because other people believe the rumours
- I don't know why
- Other

please provide details

Q17 **Who did you tell?** (you can tick more than one box)

- No-one
- A member of school staff
- A friend
- An older boy or girl
- My parent or carer
- Another adult
- My brother or sister
- A peer supporter/buddy/befriender/mentor
- I phoned a helpline

Q18 Thinking about the bullying, please tell us how much you agree or disagree with the statements below:

	Strongly agree	Agree	Neither	Disagree	Strongly disagree	N/A
Something was done about the bullying	<input type="checkbox"/>					
The bullying was sorted out	<input type="checkbox"/>					
The school dealt with it well	<input type="checkbox"/>					

Q19 Have you ever stayed away from school because you were bullied?

- Yes
- No

Your experiences of bullying outside of school

Q20 How safe do you feel from being bullied or harassed outside school?

- Very safe
- Quite safe
- Not very safe
- Not safe at all

Q21 Have you been bullied out of school in the last 12 months?

- Go to Q24 No (go to Q24)
- Go to Q22 Yes, a little (go to Q22)
- Go to Q22 Yes, a lot (go to Q22)

Q22 What form/s did the bullying take? (you can tick more than one box)

- Physical
- Verbal
- Indirect (spreading rumours, excluding a person)
- Cyberbullying

Q23 Do you think the bullying happened because of the following? (you can tick more than one box)

- A medical condition, disability or special educational needs you have
- Your race or ethnicity e.g. racist bullying
- Your religion
- Your appearance
- How I speak
- Being seen as different in some way
- Your body size
- Your sexual orientation e.g. homophobic bullying
- People are jealous of me
- Trans gender identity
- How I act or my personality
- Your home circumstances e.g. parents split up or divorced, you are in foster care or looked after
- Your gender e.g. sexist bullying
- Friendship problems
- Rumours or lies e.g. you were bullied because other people believe the rumours
- I don't know why
- Other

please provide details

Have you taken part in bullying? - a few questions about whether you have taken part in bullying someone else.

Q24 Have you bullied anyone in school in the last 12 months?

- No
- Yes, a little
- Yes, a lot

Q25 Have you bullied anyone outside of school in the last 12 months?

- No
- Yes, a little
- Yes, a lot

Thank you for taking the time to complete this questionnaire, please click on the submit button to send in your answers.

Help us improve this resource

If you have ideas or suggestions that would improve this resource, such as alternative statements, or adaptations to make activities more affective with younger/older learners, or in the context of specific learning difficulties, we would really welcome your suggestions and comments:

Please contact antibullying@afa3as.org.uk

ABA Information Hub: www.anti-bullyingalliance.org.uk/1198

Achievement for All 



Funded by

Department
for Education

SEN and disabilities: developing effective anti-bullying practice: A programme of work, led by the Anti-Bullying Alliance and funded by the Department for Education, to reduce the incidence and impact of bullying of children and young people with SEN and/or disabilities in schools.