



University Learning in Schools

Psychology

**Myth-busting the Brain:
Learning Style Questionnaire**

Lesson 3



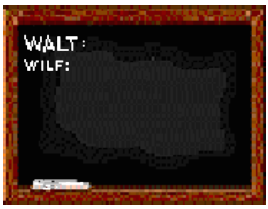




Learning Style Questionnaire


LEARNING STYLE QUESTIONNAIRE

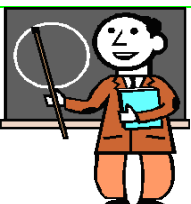
This questionnaire will help you discover what kind of learner you are.


Before you start, fold the right-hand column underneath so that it does not influence how you answer.


Read each row and tick the ONE option that is most like you.


	I prefer lessons where we can discuss things.	I prefer lessons where there is something to look at (like a picture, chart, diagram or video) or something to draw.	I prefer lessons where we can do something practical – or at least move around.	A V K
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	I often fiddle with things in class (a pen, paper clip or rubber band.)	I often sing or hum to myself in class.	I often doodle in class.	K A V
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	When learning a new skill, I prefer to just get on with it.	When learning a new skill, I prefer someone to explain to me how to do it.	When learning a new skill, I prefer to watch someone else show me how to do it.	K A V
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	When the adverts come on the telly – I like to watch them.	When the adverts come on the telly – I get up and do something.	When the adverts come on the telly – I like to sing along with them.	V K A
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	I would prefer to listen to a story.	I would prefer to see a comic strip of a story.	I would prefer to act out a story.	A V K
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	


	I am good at learning physical skills.	I have a good memory for people's names.	I have a good memory for faces.	K A V
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	


	I prefer teachers who use diagrams to show us things.	I prefer teachers who get us to do something.	I prefer teachers who explain things to us.	V K A
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

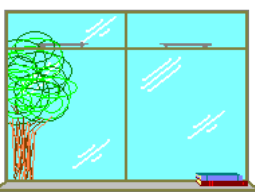
	If I get into trouble in class, it's for talking.	If I get into trouble in class, it's for drawing on the desk or all over my books.	If I get into trouble in class, it's for fidgeting.	A V K
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

	On a long journey I like to look at the scenery or read a book.	On a long journey I can't wait until we stop so I can walk around.	On a long journey I like to listen to music or talk to the other travellers.	V K A
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	


	I use my hands a lot when I am talking.	When I am discussing something, I sometimes use words my friends don't know.	When I am discussing something, I like to doodle.	K A V
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	


	If I could be famous, I would be a sports-person (or dancer).	If I could be famous, I would be a film-star.	If I could be famous, I would be a singer.	K V A
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

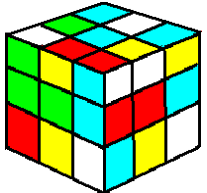
	I would rather go outside and play.	I would rather watch my favourite TV programme.	I would rather listen to my favourite music.	K V A
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

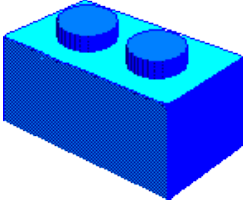
	I get distracted in class if I can see something outside the window.	I get distracted in class if I can hear something happening outside.	I lose concentration if I have to sit still for a long time.	V A K
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

	I am good at drawing.	I am good at making things.	I am a good listener.	V K A
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

	Out of these 3 jobs - I would prefer to be a radio DJ (or presenter).	Out of these 3 jobs - I would prefer to be a mechanic.	Out of these 3 jobs - I would prefer to be an artist (or designer).	A K V
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

	In my spare time I would prefer to do something physical, such as sport or dancing.	In my spare time I would prefer to watch TV or a video.	In my spare time I would prefer to listen to music or chat with friends.	K V A
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

	The type of puzzle I would prefer is "Spot the difference".	The type of puzzle I would prefer is "Name that tune".	The type of puzzle I would prefer is "Rubik's cube".	V A K
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

	If I needed to build a Lego model, I would get someone to explain how or to read the instructions to me.	If I needed to build a Lego model, I would try to work out which bits fit together.	If I needed to build a Lego model, I would follow the diagram or the picture on the packet.	A K V
	